

# PROFESSIONAL ASSOCIATION OF THERAPEUTIC HORSEMANSHIP INTERNATIONAL HIGHER EDUCATION MEMBERSHIP

#### **REGISTERED LEVEL CERTIFICATION CRITERIA**

#### Register Instructor:

Course Objective: Includes preparation of candidates to become safe, knowledgeable, and effective therapeutic riding instructors consistent with the levels of PATH Intl. Instructor Certification.

The following hours are mandatory minimum requirements. Individual institutions/centers may increase the hours according to their design of the course.

A PATH Intl. Registered Instructor must be competent in basic levels of equine management, horsemanship, riding instruction, teaching methodologies and disabilities. The list below itemizes the skills and subject matter that a registered instructor is expected to know and/or demonstrate. "Know" indicates the knowledge of what a movement or skill is, how it is performed, the aids to accomplish the skill, and the purpose or benefit of the movement. "Demonstrate" indicates the ability to apply the appropriate aids and perform the skill. The registered instructor must be able to perform those skills which are criteria to be taught to students.

#### Please indicate in the space provided the course name/code where criteria will be incorporated.

### **RE. EQUINE MANAGEMENT**

#### **RE.1.0 PATH Intl. Standards**

RE.1.1	Know and implement PATH Intl. Standards and their interpretation for horse care, maintenance, and usage
RE.1.2	Know and implement PATH Intl. Standards and their interpretation regarding the use of safety equipment and adaptive equipment
RE .2.0 Breeds/ Colors/ Ma	arkings/ Parts of the Horse
RE.2.1	Identify a horse by age, color and markings, breed characteristics, height and weight
RE.2.2	Know the parts of the horse
<b>RE.3.0 Horse Senses and B</b>	
RE.3.1	Know the characteristics of the senses of the horse
RE.3.2	Know the characteristics of horse behavior
RE.3.3	Know how the senses of the horse and horse behavior affect the safety of the riding setting.
RE.3.4	Identify stable vices including cribbing, weaving, biting and kicking, wood chewing
<b>RE.4.0 Feeds and Feeding</b>	
RE.4.1	Know feed requirements of the horse including: hay, salt and minerals, grain, feeding intervals, water
RE.4.2	Recognize signs of poor quality feed



## **RE.5.0 Stable Management**

RE.5.1	Identify appropriate protection for horses including: fly masks and	
	bonnets, shelter, fly repellents	
RE.5.2	Know horse manure handling methods for sanitary conditions of stall and	
	turn out areas	
RE.5.3	Identify bedding materials	
RE.5.4	Identify potential stall hazards	

## **RE.6.0 Health and Sickness**

RE.6.1	Know and recognize th	ne signs of:	
	behavior change	rabies	heat stroke
	colic	ringworm	stress
	dental problems	good health	thrush
	infectious diseases	laminitis	weight loss
RE.6.2	Know and recognize w	hen a horse is unsour	nd
RE.6.3	Identify normal ranges respiration)	and how to take TPF	R: (temperature, pulse,
RE.6.4	Describe deworming, v	vaccination, hoof and	teeth care programs
RE.6.5	Know first aid treatment		1 0
RE.7.0 Grooming			
RE.7.1	Identify and explain th	e use of grooming to	ols including:
	curry comb	mane or tail c	omb
	hard brush or dandy	shedding blad	e
	soft brush or body	sponges	
	hoof pick	sweat scrappe	r
RE.7.2	Know how to give a ho	orse a bath	
RE.7.3	Know how to cool dow	vn a horse following	a work session
RE.7.4	Know how to clip a ho	rse for maintenance i	ncluding:
	bridle path, fetlock, mu	ızzle	
<u>RE.8.0 Tack and Tacking</u>			
RE.8.1	Identify and know the	purpose, use, and fun	ction of:
	bits: snaffle and curb	adaptive equip	oment
	bitless bridles	breast plates a	and collars
	bridles	safety stirrups	5
	saddles: english and w	estern safety helmets	8
	saddle pads	surcingles	
	bareback pads		
RE.8.2	Know the parts of engl	ish and western sadd	les and bridles
RE.8.3	Know how to tack a ho	orse	
RE.8.4	Select and evaluate equincluding:	upment needs for rid	ers and horses
	type of saddle and brid	le	
	how saddle affects ride	er position	
	how bridle and saddle	affect horse	



	adaptiva aquipmont	Hint
DE 9.5	adaptive equipment Know how to fit tack to horses an	d midana
RE.8.5		
RE.8.6	Know how to educate team, inclu	aing riders and volunteers, in the
	use of the equipment	
RE.8.7	Know and demonstrate tack clean	ing, care, and maintenance
RE.9.0. Unsoundness and	<b>Blemishes / Form to Function</b>	
RE.9.1	Recognize the difference between	a blemish and an unsoundness
RE.9.2	Identify and describe the foot falls	
	walk trot or jog	canter or lope
RE.10.0 Selection and Tra	aining	-
RE.10.1	Explain the characteristics of a the	erapy horse
RE.10.2	Know how to train a horse to acce	
	leaders and side walkers	ambulation aids
	mounting ramps and blocks	game equipment
	mounting procedures	8
RE.10.3	Recognize the need for a conditio	ning and maintenance program
	for therapeutic riding horses inclu	
	longeing schooling	record keeping
	iongening senooring	record keeping
RH. HORSEMANSHIP		
RH.1.0 Horsemanship Pro	enaration and Safety	
RH.1.1	Know and demonstrate the follow	ving.
	haltering and leading	tying and safety knot
	grooming and tacking	proper riding attire
	grooming and tacking	proper numg attire
RH.2.0 Mounting and Dis	mounting	
RH.2.1	Know and demonstrate:	
	mounting and dismounting from a	pround or mounting block/ ramp
	how to assist a rider during mount	
	an equipment check prior to mour	
	stirrup adjustment prior to mounti	-
	surrup adjustment prior to mound	ing
RH.3.0 Position		
RH.3.1	Know and demonstrate a secure se	eat and correct alignment at all
	gaits	-
RH.3.2	Know and demonstrate correct po	sition, posture and alignment at
	the:	
	walk- free walk and working walk	K

trot (sitting) or jog trot- posting

two point at the walk and trot or jog

walk and sitting trot or jog without stirrups

Know and demonstrate shortening and lengthening reins

canter or lope

reinback

\_\_\_\_\_ RH.3.3



<u>RH.4.0 Gaits</u>			
RH.4.1	Know and demonstr	rate:	
	walk- free walk and		
	canter or lope on co	-	
	trot or jog-sitting		
	reinback		
	trot- posting on corr	ect diagonal	
	change of diagonals	-	
RH.4.2	Know and demonstr		ct for all gaits
		-	s of the horse during all gaits
RH.4.4	Know and demonstr		
RH.4.5	Know and demonstr		e
	walk to trot/jog		
	canter/lope to walk		
	walk or trot/jog to c	anter/lope	
	walk to halt		
	trot/jog to walk		
RH.4.6	Know how to warm	-up a horse pri	or to a work session
		1 1	
<u>RH.5.0 Aids</u>			
RH5.1	Know and demonstr	rate the followi	ng natural aids:
	hands seat		
	legs voice	9	
RH.5.2	Identify and know the	he purpose of s	purs
RH.5.3	Know and demonstr	rate appropriate	e use of the following artificial
	aid: crop		
RH.5.4	Know and demonstr		-
	leading / opening	neck rein	direct rein
RH.5.5	Know and demonstr		0 0
	both legs at the sam	e time	leg at the girth
	alternating leg aids		leg behind the girth
RH.6.0 Movements			
RH.6.1	Know turn on the fo	rehand	
RH.6.2			norse through corners and on
KII.0.2	circles	late bending a l	lorse through corners and on
RH.6.3	Know and demonstr	rate half halt or	check
KII.0.5	Know and demonstr	fate half half of	eneek
RH.7.0 Ring Figures			
RH.7.1	Know and demonstr	rate the followi	ng ring figures:
	change of rein	half circles	
	circles	serpentine	figure eight



### **RH.8.0 Exercises and Games**

RH.8.1	Know and demonstrate mounted rider exercises at the walk and
RH.8.2	trot or jog Know and demonstrate riding without stirrups at the walk and
	sitting trot or jog
RH.8.3	Know and demonstrate ground poles at walk, trot or jog, and two point
RH.8.4	Know and demonstrate design and set up of obstacle course
RH.8.5	Know and demonstrate proper spacing of ground poles
RH.8.6	Know how to longe a horse

## **RI. INSTRUCTION**

## **RI.1.0 Horsemanship Preparation and Safety**

RI.1.1	Instruct the following:		
	grooming and tacking tying and safety knot		
	haltering and leading proper riding attire		
	proper spacing when leading or riding in a group		
	warming up a horse appropriately		
RI.1.2	Orient student to facility, stable rules, and safety rules		
RI.1.3	Select horse for individual riders according to:		
	behavior movement quality temperament		
	height size		
RI.1.4	Instruct a group lesson of two or more riders		
RI.1.5	Know and implement PATH Intl. Standards and their interpretation		
	regarding lesson area		

## **RI.2.0** Mounts and Dismounts

Instruct the following:		
mounting and dismounting from ground or mounting block		
how to assist a rider during mounting and dismounting		
equipment check prior to mounting		
stirrup adjustment prior to mounting		
independent, partially assisted, fully assisted mounts from the ground, block and ramp		
Instruct correct position at the:		
halt canter or lope		
walk- free and working walk two point at walk and trot		
trot (sitting) or jog rein-back		
trot- posting		
Instruct lengthening and shortening of reins		



<u>RI.4.0 Gaits</u>			
RI.4.1	Instruct:		
	walk- free walk and working walk		
	trot( sitting) or jog		
	trot- posting on correct diagonal		
	canter or lope on correct lead		
	change of diagonals at the trot		
RI.4.2	Instruct light contact at all gaits		
	Instruct straightness of the horse at a	all gaits	
	Instruct the following transitions:	C	
	walk to halt	trot/jog to walk	
	walk to trot/jog	canter/lope to walk	
	walk to trot/jog to canter/lope	walk to canter/lope	
	want to now jog to canton tope	want to canter rope	
<b>RI.5.0 Aids</b>			
RI.5.1	Instruct the following natural aids:		
	hands seat legs voice		
RI.5.2	Instruct the appropriate use of the fo	llowing artificial aids: crop	
RI.5.3	Instruct the following rein aids:	0	
	leading /opening neck rein	direct rein	
RI.5.4	Instruct the following leg aids:		
	both legs at the same time	leg at the girth	
	alternating leg aids	leg behind the girth	
<u>RI.6.0 Ring Figures</u>			
RI.6.1	Instruct the following ring figures:		
	change the rein figure eight		
	circles half circles		
<b>RI.7.0 Exercises and Game</b>			
RI.7.1	Instruct mounted rider exercises at the		
RI.7.2	Instruct riding without stirrups at the		
RI.7.3	Instruct riding over ground poles at	walk, sitting trot or jog, and	
	two point		
RI.7.4	Instruct riders through an obstacle co		
RI.7.5	Utilize appropriate games in the ridi	ng setting	
<b>RI.8.0 Ground and Stable lessons</b>			
RI.8.1	Instruct ground stable management		
	knowledge requirements of the regis	stered instructor level.	



## **RT. TEACHING METHODOLOGY**

## **RT.1.0 PATH Intl. Standards and Information**

RT.1.1	Know and implement PATH Intl. Standards and their interpretations regarding student forms
RT.1.2	Know PATH Intl. services available to the instructor
RT.1.3	Locate information about PATH Intl. Standards and Accreditation process
RT.1.4	Know PATH Intl. Instructor Certification program
RT.1.4 RT.1.5	Know and practice emergency procedures
RT.1.6	Know the location of the phone and emergency numbers
RT.2.0 Record Keeping	
RT.2.1	Verify that the student forms are complete and updated for students that the instructor teaches
RT.2.2	Interpret student forms and apply the information to the riding setting
RT.2.3	Write and maintain progress notes on riders
RT.2.4	Complete incident report as needed
RT.2.5	Comply with confidentiality requirements regarding students
RT.3.0 Lesson Plans	
RT.3.1	Assess rider skills and determine goals and objectives for each individual rider
RT.3.2	Develop a lesson plan to achieve the goals and objectives
RT.3.3	Choose activities and skills suitable for the objective of the lesson
RT.4.0 Teaching	
RT.4.1	Know and demonstrate teaching skills applicable to the registered instructor level, to include: teaching a riding skill
	safe and effective mounting and dismounting procedures
	flexibility and adaptability in pursuit of stated teaching objectives
	teaching to level of students emotional learning, physical and cognitive ability
	fairness and consistent in applying standards of behavior
	shows genuine interest in each student

shows genuine interest in each studer	11
progress towards independence	effective use of volunteers
appropriate games and exercises	appropriate praise
adapts and corrects equipment	provide whats, hows, whys
flexibility of teaching techniques	posture corrections
progression of equitation skills	rapport
teaching at individual rider's level	teaching environment
giving clear and concise instructions	control of class



		PATH	
	ring presence	Higher Educatio	
	safe spacing and procedures		
RT.4.2	Possess instructor attributes, to include:		
	common sense	professionalism	
	ethical	punctual	
	organized	respect for riders and horses	
	patience	self confidence	
	positive attitude	team player	
	knowledge of subject at instructor sl		
	ability to self-reflect independently		
RT.4.3	Meet annual continuing education re	equirements for the registered	
KI.1.5	instructor (20 hours, current CPR an		
	Membership)		
RT.5.0 Methods			
RT.5.1	Know that riders learn in different w	lays	
RT.5.2	Use simple behavior management te		
	control	-	
RT.5.3	Work with instructional team (instru	ctors, therapists, volunteers,	
	students, families and care providers) including:		
	develop rapport		
	provide direction to leader and side	walkers during lesson	
	assign volunteers to riders		
	provide feedback to team members		
	reward team members		
RT.5.4	Identify dysfunctional behavior		
DD DICADII ITIES			
RD. DISABILITIES			
RD.1.0 Human Anatomy			
RD.1.1	Identify parts of the human skeleton	including:	
	clavicle humerus tibia		
	cranium pelvis ulna		
	femur radius verteb	irae	
DD 1 2	fibula scapula	in alle any	
RD.1.2	Know the following movement term		
	abduction extension	rotation	
	adduction flexion		
RD.2.0 Disabilities			
RD.2.1	Know precautions and contraindicat	ions to therapeutic riding	
RD.2.2	Know definition, causes, characteris		
	rider's disabilities that the instructor	0 0	
RD.2.3	Locate information pertaining to all	disabilities	
RD.2.4	Self-evaluate instructional capabiliti		
	-	-	



	personnel to determine riders that can be accepted as
RD.2.5	Know the benefits of therapeutic riding
RD.2.6	Know the realms of therapeutic riding
RD.2.7	Know and demonstrate handling techniques for mounting,
	dismounting, postural alignment
RD.2.8	Know and demonstrate good body mechanics during mounting and
	dismounting.

The following is a list of requirements for students to be eligible for PATH Intl. Registered Level Certification.

Phase One:

- Current PATH Intl. Individual Membership
- Minimum of 18 years of age
- Current First Aid/CPR cards (on-line not accepted)
- Completed PATH Intl. Equine Management Skills Checklist
- CAT and Self Study course and exam
- Documentation of 25 teaching hours

PATH Intl. CAT (Center Accreditation Training) Course and Exam: This is an on-line course designed to familiarize the candidate with the *PATH Intl. Standards for Certification and Accreditation*. Password provided by the PATH Intl. office. The open book exam tests the candidate on the content of the PATH Intl. CAT course, with emphasis on components related to instructor certification.

PATH Intl. Instructor Self-Study Course and Open Book Exam: This is an interactive on-line course designed to help the candidate assess individual strengths and weaknesses. Password provided by the PATH Intl. office. The open book exam will follow this course and test the candidate on the information covered in the course.

Equine Management Skills Checklist: You may begin completing this list at any point. The completed form should be included in your phase one packet in order to have your IT letter is issued.

Documentation of Teaching Hours: These hours of teaching experience need to be acquired while under the guidance or direct supervision of a PATH Intl. Certified Instructor (mentor). Hours without a PATH Intl. mentor's guidance will not be accepted. You can only count hours taught to a group of students (2 or more). Recorded hours must only be actual mounted teaching hours. You can begin counting hours at any time; they cannot be more than 2 years old at the time you attend your certification testing.



The following is a list of requirements needed after completing phase one and before attending the PATH Intl. Higher Education certification event. Phase Two:

- PATH Intl. Instructor in Training letter (IT)
- Instructor resume
- Professional and personal reference
- PATH Intl. Liability Release
- Center's Confidentiality and Liability Form(s)
- Essay questions

**On-Site Certification Components Summary:** 

Candidates who participate in the on-site certification will be evaluated by two PATH Intl. Certification Evaluators on two components:

- 1. Riding demonstration (see riding pattern on page 12)
- 2. Teaching riders with disabilities
  - a. At the completion of the certification, candidates will be notified of their results by the evaluators. Candidates will receive a Registered Instructor Summary Sheet and Comment Sheet at the conclusion of the certification. These documents are provided as proof of successful or unsuccessful completion of the certification components.
  - b. The results will then be sent to the PATH Intl. office to be processed. Formal notification of the results will be sent to the candidate by the PATH Intl. office via US Mail.

Please note: Candidate certification results will not be official until you receive these formal documents from the PATH Intl. office.

#### 1. Candidates who pass both components:

Candidates will receive formal notification from the PATH Intl. office of your results in the form of a congratulatory letter and an instructor certificate. Annual compliance requirements will be detailed in the letter which must be adhered to in order to maintain your Instructor status. Compliance must be sent to the PATH Intl. office annually on your original membership joined date, not your certification date.

#### 2. Candidates who fail one or both components:

Candidates will receive an official letter from the PATH Intl. office, via certified mail, with reference to resubmission options for failed component. The resubmission process is different for those candidates who fail both components. The failed component(s) must be successfully completed in order for candidate to become certified.

For complete details please review the certification booklet on the PATH Intl. website at www.pathintl.org/resources-education/certifications



## PATH INTL. HIGHER EDUCATION MEMBERSHIP REGISTERED LEVEL RIDING DEMONSTRATION

In order to successfully pass this segment, all candidates must wear an ASTM/SEI approved helmet. Candidates will be required to demonstrate their own riding ability by riding the following pattern.

- Warm-up
- Ride at a walk, trot (jog), and canter (lope) both directions of the arena
- Change the rein through the diagonal

- Circle
- Back
- Halt

After a brief warm-up, execute the following pattern to demonstrate you're riding skills:

