## Eyesight vs. Insight: Keys to Successful Lessons for Blind Participants

- 1. Legal Blindness Definitions
  - a. Low Vision
  - b. Legal Blindness
  - c. Total blindness
- 2. Functional vision vs. Legal Blindness
- 3. Lessons are a Chess Game
  - a. Participant factors
  - b. Environmental factors
  - c. Instructor and volunteer factors
  - d. Physical barriers
  - e. Horse chosen for lesson
- 4. Mitigate blindness barriers in lessons
  - a. Lighting/Landmarks
  - b. Contrast
  - c. Sound
  - d. Lesson content
  - e. Communication
- 5. Participant Signals of Success and Frustration
  - a. Physical signals
  - b. Emotional signals
  - c. Timing
    - 1. Before lesson
    - 2. During lesson
    - 3. After lesson
  - d. Feedback