

**Connected-Healing, LLC**

**May 21, 2016**

## **How to help your horse be the best they can be.**

*Maya Angelou...“You did then what you knew how to do, and when you knew better, you did better.”*

*Please know that there is nothing that replaces good veterinarian care. If there are sudden symptoms, fever, bleeding, ect. call your vet first. If you have a pregnant mare or a mare that has just been bread, do not use acupressure or oils.*

These are a few of the tips I will share to help your horse's attitude when working within our PATH Intl. programs.

Yin Tang---for calming.

Bai Hui---for calming.

GV 14---for calming.

Ht. 7 & Pe 7---to help adjust to new situations.

Bladder line---to feel for soreness and how to help relieve their pain.

Bl 60---to help with overall pain.

GV 26---shock

St 36---colic, grounding and/or energy.

We will identify points you might have already been taught but did not realize the association a particular area has with the attitude and healing throughout the rest of the horse.

Such points are at the poll, front of the shoulder blade, withers, coronary band, chest, to name a few.

Five branches of Traditional Chinese Medicine. Nutrition, Herbal, Acupressure/Moxibustion, Tui Na (massage) and Qi gong (movement).

There will be information shared on essential oils and horses. One of the best sites I use for information on oil is Rocky Mountain Oils. It can be found on the web under the same name. They are not a MLM company, so it does keep their prices and shipping charges lower.

My email with any questions that might come up is [sherlynnm@hotmail.com](mailto:sherlynnm@hotmail.com)

My website is [www.connected-healing.com](http://www.connected-healing.com).

More info may be found at [www.animalacupressure.com](http://www.animalacupressure.com)

I am only a phone call away...616-240-3789.

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