

**PATH Intl.
Regional
Conference**

**Presented
by
PATH Intl. Region 3**

March 7-8, 2020

**Hosted by:
HORSEPOWER Therapeutic Learning Center
High Point, NC**

PATH Intl. Region 3 welcomes you to an educational and fun weekend with your friends and colleagues in wonderful High Point, NC. Your registration fee includes lunch and dinner on March 7. Snacks and drinks will be provided throughout the conference. While most sessions will be in a heated space, keep in mind that this is a barn environment.

CONFERENCE LOCATION

HORSEPOWER Therapeutic Learning Center

4537 Walpole Rd
High Point, NC 27265

Lodging Options

Wingate High Point/Greensboro Airport
3901 Sedgebrook St.
High Point, NC 27262
336-812-8787

\$95/night, **must book by 2/5/20**

Block is under HORSEPOWER Therapeutic Learning Center
2.6 miles from HORSEPOWER

PATH INTL. CONFERENCE REGISTRATION

Online registration will be available December 27, 2019, through February 21, 2020. After February 21, 2020, registration will need to be completed on-site.

***IF YOU ARE A PRESENTER OR CONFERENCE COMMITTEE MEMBER,
DON'T FORGET TO REGISTER WITH YOUR CODE!***

Registration December 27, 2019, through February 21, 2020:

Full Conference	\$175 members	\$225 non-members
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Registration on-site after February 21, 2020:

Full Conference	\$205 members	\$255 non-members
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Refund Policy:

No refunds due to weather unless the conference is canceled.

Written cancellation request is required for refund.

Deadline for Full Refund – Request received in PATH Intl. office by **February 21, 2020.**

Deadline for 50% Refund - Request received in PATH Intl. office by **March 8, 2020.**

Individuals who do not submit a written request to PATH Intl. by March 8, 2020, will not receive a refund.

Education:

This conference satisfies up to 8 hours of annual continuing education requirements.

TYPE	DESCRIPTION	CEU Conversion
DE	Disability Education	60 min = 1 DE
CR	Certification Core Requirement	60 min = 1 CR
CE	General Continuing Education	60 min = 1 CE

AGENDA

Saturday, March 7, 2020

7:30 – 8:30 a.m. **Registration & Welcome**

Session A

8:30 – 10 a.m.

A1, Incorporating Speech-Language Objectives During Therapeutic Riding Sessions **CR Riding**

This session will help any instructor incorporate age or developmentally appropriate speech and language objectives into therapeutic riding sessions during both mounted and ground activities.

Perry Flynn is a professor in the Department of Communication Sciences and Disorders at the University of North Carolina Greensboro and a PATH Intl. Certified Instructor. He has been a volunteer instructor at HORSEPOWER for many years and heads the center's "Speech in Motion" program.

A2, From Barn Door to Bedside: Equine-Assisted Learning Workshop for Mental Health Nursing **CE**

On Eagles' Wings Therapeutic Horsemanship Center has created a one-day workshop for providing equine-assisted learning to nursing students. The pioneer workshop was focused on mental health nursing. Workshop objectives included increasing student nurse perception of self-experiences and total body awareness and promoting student nurse understanding of nonverbal communication. Equine-assisted learning activities empowered student nurses to examine group dynamics and organizational leadership. This presentation will provide an overview of the development of such a workshop, the components included and the way the workshop was structured and marketed to the nursing community. The presentation will explore ways this equine-assisted workshop can be translated to other healthcare provider training programs.

Casey Conaway interrupted a 10-year career in higher education to serve as a tropical medicine nursing missionary in East Africa from 2012 to 2017. Upon return to the United States, Casey transitioned into nursing education and gained exposure to therapeutic horsemanship. Casey holds professional licensure as a registered nurse with a certificate in clinical tropical medicine, national certification as a rehabilitation counselor, and PATH Intl. certification as an ESMHL. Casey is co-presenting with Meghan Thomas, Bethany Smiley, and Stephanie VanGilder.

A3, Assessing Organizational Efficiency, Effectiveness and Sustainability CE

Is your organization efficient, effective and sustainable? Lean about assessing organizational performance, motivation, capacity and the external environment without always having to hire a consultant. Attendees will learn the differences between an internal organizational/programmatic assessment, external assessment and research-level programmatic evaluations, and learn how to conduct an internal organizational or program assessment (not research level evaluation). Attendees will also learn about assessment as a process of planning and managing change rather than a single event and how to use the results of the assessment to inform clients, participants, funders and stakeholders.

Nancy Paschall is a nonprofit consultant within and outside of EAAT. She has been the executive director of several EAAT programs, as well as a founder of an EAAT program. She has been part of several funding organizations that consider organizational capacity as a factor for consideration.

10 – 10:15 a.m.

BREAK

Session B

10:15 – 11:45 a.m.

B1, The Inside Scoop: An Extra Chromosome DE

This presentation will address the history behind Down syndrome as well as the medical, physical and cognitive characteristics of people who have this extra chromosome. Attendees will engage in hands-on simulation activities to experience some of the characteristics that are often associated with this chromosomal condition. Effective tips, strategies and best practices to use when working with a person with Down syndrome will be shared and discussed.

Missy Kazazian has a master's degree in elementary education, which has stemmed from a long-standing passion for educating others—both in and outside of the classroom. A loving mother to three equally incredible children, Missy has always felt inspired to advocate for students' social and educational needs, paying focus to the story of her family surrounding Marshall, her middle son, who was born with Down syndrome. Missy's passion for education, family and honoring the diversity of human potential and needs has led her to become a leading advocate within the Greensboro community for the acceptance, awareness and inclusion of all people, despite differing abilities. As a parent and active member of The Down Syndrome Network of Greater Greensboro, Missy has been invited to raise awareness within local grade-schools, university settings and community fundraisers on several occasions, readily participating with joy and pride.

B2, Explain Yourself: Logic Models and Needs Statements CE

Learn two easy tools—logic models and needs statements—for securing more funding. Logic models explain the resources needed and impacts of your programs and projects in a simple table/dashboard. Their explanation of outcomes and objectives satisfies many funder's requests for program evaluations. A powerful needs statement is vital to securing funding. In this workshop you'll learn how to research and draft the crucial community components that convince companies and foundations to support your programs.

Susan Koehler is the executive director of Loudoun Therapeutic Riding and a nonprofit fundraising expert. Susan has increased donations and gifts by 20% to LTR in 12 months. She will share with you two of her favorite tools—logic models and needs statements—to help you increase your center's revenue. In 2016, Board Source awarded Susan the prestigious Certified Governance Trainer designation.

B3, How to Create, Manage, and Retain SMART Volunteers CE

Come and learn how to effectively engage and retain volunteers using SMART goals. Learn new ways to motivate, create opportunities, communicate, train and manage volunteers to increase your volunteer base. Share ideas with your colleagues to provide a top-notch volunteer environment at your organization.

Tracy Russler is the assistant director of a PATH Intl. Premier Accredited Center, a PATH Intl. Equine Specialist in Mental Health and Learning and has taught USPC beginner lessons for over 10 years.

12 – 1:30 p.m. **Lunch** with PATH Intl. Update and Field Test Standards Hearing
Lunch prepared by HORSEPOWER volunteers!

Session C

1:45 – 3:15 p.m.

C1, Facilitating Success Beyond the Farm DE, CR Riding

How can instructors and volunteers set students up for success beyond their weekly lessons? Learn about meeting the sensory needs of your students and helping to develop the foundational skills they need for home, school and the community. Learning objectives: Identify the four primary sensory quadrants and their characteristics; Develop ways to meet students' sensory needs in ground and mounted lessons; Identify foundational skills to facilitate age-appropriate functional success; and Develop ways to facilitate foundational skill progression in ground and mounted lessons.

Katie Pazur is a pediatric occupational therapist currently working in Morganton, NC. She graduated from the occupational therapy program at Lenoir-Rhyne in 2017 and has her undergraduate degree from UNC Chapel Hill. She has been an active volunteer at Riverwood Therapeutic Riding Center since 2012 and still visits the farm as much as possible.

C2, Lameness or Sound? CR All

This session will help the attendee define and recognize the symptoms of an unsound horse, identifying both physical pain and mental stresses that can affect a horse's behavior. Through videos and case studies, the participant will learn how to recognize physical lameness, be able to identify attitudes and behavior that goes along with mental stress and learn how to identify unsoundness early in order to help our horses remain partners in our programs.

Jo Anne Miller is a college professor of equine science and has been involved with equine welfare since 2001, as an executive director of a fully accredited equine rescue and PATH Intl. Premier Accredited Center. Jo Anne works with major animal welfare groups providing education and collaboration with the following national organizations: The Global Federation of Animal Sanctuaries (GFAS), Homes for Horses Coalition (Humane Society of the United States HSUS), the ASPCA, the Thoroughbred Aftercare Alliance (TAA).

C3, The Benefits of Long-Lining in EAAT CE, CR Driving

Learn the benefits of long-lining within EAAT, how to begin training your horse to long-line and get a hands-on experience long-lining with horses who are long-lined in lessons at a therapeutic riding program on a regular basis.

Ashlyn Batten is a PATH Intl. Certified Therapeutic Riding Instructor who has been active in the EAAT field since high school. She began volunteering to spend more time around horses but quickly grew to love seeing the joy on the students' faces and decided that this was what she

was meant to do. Ashlyn is the barn manager at Rocking Horse Ranch Therapeutic Riding Program in Greenville, NC.

Sherrie Moore is a PATH Intl. Certified Therapeutic Riding Instructor, Certified Interactive Vaulting Instructor and Equine Specialist in Mental Health and Learning. She is a native of Greenville, NC, where she has worked in the EAAT field for two decades. Sherri is passionate about helping the EAAT field grow and has traveled all over NC as the PATH Intl. State Representative.

3:15 – 3:30 p.m.

BREAK

Session D

3:30 – 5 p.m.

D1, Identifying Anxiety and Depression DE

This presentation is geared toward aiding administrators and instructors to identify signs and symptoms of anxiety and depression in adolescents and adults. Suggestions and techniques will be offered to help recognize symptoms and intervene before a mental health crisis arises. Attendees will also learn how to support clients and volunteers in sessions. Participants will leave with a better understanding of the following: clinical definitions of anxiety and depression; symptoms of anxiety in adults and adolescents; symptoms of depression in adults and adolescents; knowledge of how anxiety and depression can affect behavior in sessions; ethics of confidentiality; intervention during sessions; and intervention and support outside of sessions.

MaryDale Worboys earned her BA degree from Appalachian State University in 1991 and a Master of Arts degree in marriage and family counseling from Liberty University in 2012. In between her formal education, she embraced the life of a military wife and mother. Simultaneously, she worked in the mental health field as a case manager, mentor, child advocate and counselor for children, adolescents and their families. She was introduced to her first horse before her first birthday and it was love at first sight. Her love for horses and natural horsemanship only strengthened, leading her to seek certification as an equine specialist and mental health professional in 2009. Her clinical experience includes working with individuals and families experiencing anxiety, depression, grief and betrayal trauma. MaryDale lives in Asheboro, NC, where her counseling office is located on her family farm.

D2, Literacy: From the Classroom to the Barn CE

Explore the possibilities of partnering with a local school to improve literacy by bringing the words of a book to life at the barn. Increase interest and confidence in reading skills; develop a partnership with a horse; and increase the use of the facility. Learning objectives include: finding funding; identifying a population (including transportation, time of day); creating a team; finding appropriate literature; identifying the structure; and creating lesson plans.

Lisa Mauney is a retired high school/middle school teacher and one of the original founders of Appalachian Therapeutic Riding Center, a member of PATH Intl. since 1989.

Miika Rolett has a background in management and working with people with disabilities. She is a longtime resident in a rural county and raised a family there. ATRC has some special challenges due to its rural location.

D3, New Teaching Tools for Instructors of Beginner Riders CR Riding

Conversation, stick horses, nerf balls, and other unconventional hands-on activities will be a fun way to learn and understand how your students want to be taught.

Martha Tappan Marquette has over 30 years of experience in riding instruction for students of all ages and abilities. She holds several riding instructor certificates, including Cheff Therapeutic Riding Center Instructor, and Potomac Horse Center Horsemaster and Instructor. Her special interest is teaching entry level riding instructors and beginner riders.

5:30 – 6:30 p.m. **Networking and Cash Bar**

6:30 – 9 p.m. **Dinner** by Painted Plate with cash bar. Sponsored by Star H Equine Insurance. PATH Intl. Region 3 Awards and Region 3 Meeting
Bingo Fundraiser to benefit PATH Intl. Disaster Relief Fund

Sunday, March 8, 2020

9 – 9:45 a.m. State Meetings

Session E

10 a.m. – 12 p.m.

E1, Military Horse Sense: The Fundamentals of Serving Veterans with Horses DE

Do you want to start a program supporting veterans with horses but don't know how to reach the veteran community in your area? What do you need to know about veterans to serve veterans? What are some things to do, and some things to avoid doing, when serving veterans?

Jake LaRue is a peer support specialist, an EAGALA Military Designated Equine Specialist, and a Marine Corps veteran who served during Operation Desert Shield and Desert Storm. He became interested in equine-assisted activities and therapies after meeting Horse Sense of the Carolinas president, Shannon Knapp, at a meditation retreat in 2013. Jake was so moved by the ability of horses to help veterans that he chose to pursue it as a career. He now facilitates weekly groups and individual EAL and EAP sessions for veterans, first responders, their caregivers, and their families at Horse Sense of the Carolinas and is the chairman of the board of directors for the nonprofit Heart of Horse Sense.

E2, Managing Equine Team Members for Optimal Useful Longevity CR All

What are our responsibilities to our equine team members to keep them happy and optimally productive as long as possible? A 40-year veteran shares her techniques and insight into a holistic approach involving the whole team.

Dana Dewey is owner and director of Foothills Equestrian Center. She has over 40 years' experience as a full-time professional in the horse industry. As an ARIA and Centered Riding certified instructor having provided horses for therapeutic riding and hippotherapy programs, she brings insight into training horses, volunteers and instructors in techniques to keep all of them happy in their jobs for the long term.

E3, Rescue and Prevention of Equine Incidents CR All

Learn how to prevent and respond to common incidents and basic rescue considerations, such as incidents in the barn, pasture, trail, etc., and incidents such as a cast horse, down and can't stand, fall through a bridge over a creek, fall down a ravine, etc. This presentation will also cover trailer safety and equine transportation, and barn and farm fire prevention and response considerations.

Tori McLeod has owned and managed equines and other livestock for over 35 years. She owns and operates 4Hooves Large Animal Services, LLC with her husband and is the executive

director of Sandhills Horse Rescue. She is currently a full-time career captain in a Public Safety E-911 (emergency communications center) and a large animal technical rescue instructor within the North Carolina community college system. In addition to running a successful business and nonprofit equine rescue, she is also an assistant instructor for Technical Large Animal Emergency Rescue, Inc. (www.tlaer.org), certified NC REINS (North Carolina Regional Equine Information Network System) educator, certified fire emergency services and criminal justice general instructor, certified emergency telecommunicator certification instructor, certified local communications unit leader (COML) working on all hazards incident management team (AHIMT) COML state credentialing, an equine cruelty investigations instructor and investigator, certified chemical immobilization technician, and a volunteer member of the American Society for Prevention of Cruelty to Animals - Field Investigations Response (ASPCA-FIR) team. Recently, she ended her long-standing career as a 911 Emergency Telecommunicator with the rank of Captain and Training Specialist at a busy county public safety department. She previously spent several years as a small and large animal veterinary assistant/technician, equine facility manager, and emergency medical technician – paramedic and volunteered with a local fire department assisting with rescue calls. Tori has been training and instructing in the specialty of large animal technical emergency rescue and equine cruelty investigations since 2001. Tori continues to advance her education training in emergency services related fields, as well as equine and livestock management, and strives to improve upon the current large animal rescue protocols and techniques, as well as the rehabilitation and recovery of neglected and abused equines, based on the education and training she obtains. When she is not striving to expand her knowledge base, she enjoys advancing through the levels of Natural Horsemanship training, spending time with her family, animals, educating others and traveling.

We look forward to seeing you soon in High Point, NC!