

EAL Sample Curriculum

Core Skills

- Nonverbal communication (body language)
- Spatial recognition
- Catching/haltering
- Grooming
- Leading
- Energy level

Horsemanship

- Trust & respect
- Leadership
- Boundaries & consequences
- Degrees of pressure
- Timing & Feel
- Lunging on line
- Free lunging
- Gaits
- Desensitizing
- Showmanship & braiding
- Parelli games
- Long line driving

Equine Management

- Breeds, markings, colors
- Anatomy
- Nutrition
 - o Hays
 - o Grains
 - o Summer vs. Winter
 - o Noxious/toxic weeds
 - o Body condition scoring
 - o Gaits & fitness
 - o Vitals (temperature, heart rate, respiration rate, capillary refill)
- Health Care
 - o Wraps
 - o Braiding
 - o Vaccinations, worming
 - o Shoeing & trimming
 - o Bandaging
 - o Clipping
- Illnesses
- Equine psychology (horsenalities)
- Facility management
 - o Stalls
 - o Composting/visit to poop pile
- Saddle fitting

Life Skills

- Education (IEP)
 - o Learning styles
 - o Follow directions (multiple steps)

- o Time understanding, management, prediction
- o How to adapt
- o Approximating distances (10m, 20m, arena geometry, horse lengths, stride length)
- o History, other perspectives (Native Americans, Romans, Trojans, Mongolians, cultural differences of horse use, Mythology, Symbolism)- applying other principles- what fits the best for them?
- o Values
- Vocational training
 - o Safety
 - o Awareness
 - o Communication
 - Receiving and giving feedback
 - Tone of voice
 - Discussion
 - Interviewing
 - o Identifying strengths
 - o Equine related careers
- Nutrition/Health/Fitness
 - o Posture & Conformation
 - o Anatomy comparison (horse-human) invisible horse
 - o Biomechanics- lifting
 - o Injury prevention
 - o Vital signs (temperature, heart rate, respiration rate, capillary refill)
 - o First aid/CPR
 - o Nutrition
 - Balanced diet
 - MyPlate
 - Nutrition labels
 - Ingredients
 - o Body condition scoring/Body Mass Index
 - o Benefits of exercise
 - Strength training
 - Aerobics
 - Agility
 - Stress reducer
 - Endurance
 - Repetition
 - Confidence/energy levels
 - o Flexibility
 - o Stretching
 - o Yoga
 - o Composting/visit to poop pile
 - o Hygiene
 - Grooming
 - Stall and facility cleanliness
 - Bathing